

POST VASECTOMY SAMPLES ONLY

INSTRUCTIONS TO PATIENT

The doctor has requested an examination of your seminal fluid. Please read the following instructions

1. You should have a toxicity tested specimen container and pathology request form for each sample. You **MUST** complete the form with the **date** and **time** of sample collection and **if the entire sample was collected**.
2. The container provided **MUST** be labelled with your **FULL NAME** and **DOB** and again with **date** and **time** of collection. Unlabelled samples will not be accepted, so please make sure that the sample is clearly identified.
3. It is best to abstain from intercourse for 2 – 7 days before producing a sample. The sample should ideally be collected in the morning and kept as close to body temperature as possible during transport.
4. The semen must be passed directly into the container provided. It must be collected by hand **ONLY**. Do not use lubricants or condoms as they will kill sperm. The complete sample must be submitted.
5. After collection, replace the screw cap firmly on the container.
6. The specimen should arrive labelled in the laboratory as soon as possible after production, preferably **within 4 hours**, together with the pathology request form (specimens are not accepted on Saturdays or Sundays). If your GP has requested that you bring a sample to the laboratory within **1 hour** of production, please contact Pathology Reception on (01392 402913) and inform them of the expected date and time of specimen delivery.
7. Deliver your sample and completed request form to the:

**Cytology Department
Pathology Block
Royal Devon & Exeter Hospital (Wonford)
Church Lane
Exeter EX2 5AD** (Directions below)

Please deliver the sample and request form to the Pathology Reception main entrance. Do not post the specimen.

The results of your test will be sent to your doctor.

DIRECTIONS:

1. Travelling along Barrack Road from Topsham Road, go through the traffic lights, pass the hospital main entrance on your right, pass a second entrance to the hospital on the right, and then take the next right turning into Church Lane.

2. Take the 2nd right turn into the hospital grounds. The Pathology building is the concrete grey 4-storey building on the far left.

OR

Approaching from the city centre, from Heavitree Road turn right at the traffic lights into Barrack Road, go through the next traffic lights and take the next left into Church Lane. (Then see "2" above)