

## POST VASECTOMY SAMPLES ONLY

### INSTRUCTIONS FOR NORTH DEVON PATIENTS FOR 1 HOUR SAMPLES ONLY

**The doctor has requested an examination of your seminal fluid. Please read the following instructions**

1. Please contact [rduh.semenanalysisbookingsystem@nhs.net](mailto:rduh.semenanalysisbookingsystem@nhs.net) by email to book a room at **Heavitree hospital, Gladstone Road, Exeter EX1 2ED** to produce your sample. State in your email that your sample is **not for Fertility**. The date and time will be allocated to you by return email.  
*Please note: rooms are only available on certain days and afternoons only.*
2. You should bring with you a toxicity tested specimen container and pathology request form from your GP. You **MUST** complete the form with the **date** and **time** of sample collection and **if the entire sample was collected**.
3. The container provided **MUST** be labelled with your **FULL NAME and DOB** and again with **date** and **time** of collection. Unlabelled samples will not be accepted, so please make sure that the sample is clearly identified.
4. It is best to abstain from intercourse for 2 – 7 days before producing a sample.
5. The semen must be passed directly into the container provided. It must be collected by hand **ONLY**. Do not use lubricants or condoms as they will kill sperm. The complete sample must be submitted.
6. After collection, replace the screw cap firmly on the container.
7. Your sample must then be dropped off at the **Exeter Pathology Reception** (directions below) **within the hour of collection**.
8. Any samples received after these times may need to be repeated.
9. The results of your test will be sent to your doctor.

***DIRECTIONS for Exeter Pathology Reception, Cytology Department, Pathology Block, Royal Devon & Exeter Hospital (Wonford), Church Lane, Exeter EX2 5AD***

Approaching from Heavitree Road turn right at the traffic lights into Barrack Road, go straight through the next traffic lights and take the next left into Church Lane. Take the second right turn into the hospital grounds. The Pathology building is the four-storey concrete building on the left. Bring your sample into Reception and inform the staff that it is for **1-hour testing**.