POST VASECTOMY SAMPLES ONLY

INSTRUCTIONS FOR NORTH DEVON PATIENTS
The doctor has requested an examination of your seminal fluid. Please read the following instructions

1. You should have a toxicity tested specimen container and pathology request form for each sample. You **MUST** complete the form with the **date** and **time** of sample collection and **if the entire sample was collected**.

2. The container provided **MUST** be labelled with your **FULL NAME and DOB** and again with **date** and **time** of collection. Unlabelled samples will not be accepted, so please make sure that the sample is clearly identified.

3. It is best to abstain from intercourse for 2 – 7 days before producing a sample. The sample should ideally be collected in the morning and kept as close to body temperature as possible during transport.

4. The semen must be passed directly into the container provided. It must be collected by hand ONLY. Do not use lubricants or condoms as they will kill sperm. The complete sample must be submitted.

5. After collection, replace the screw cap firmly on the container.

6. Sample must be produced **within an hour** of the drop of time (see below) This is to allow adequate time for transport and processing at Exeter within the 4-hour processing window.

7. Samples need to be dropped off at the North Devon Pathology Reception (directions below) by **08:45** to catch the transport which runs between North Devon and Exeter.

8. Any samples received after these times may need to be repeated.

9. The results of your test will be sent to your doctor.

DIRECTIONS for North Devon Pathology Specimen Reception:

From the main entrance on Level 2, go past the shop and turn left to take the stairs or the lifts which are in front of you.
Go down to Level 1.
On Level 1
From the stairs turn right and right again at the end of the corridor to PATHOLOGY and specimen reception is there in front of you.
From the lift turn left and then right at the end of the corridor to PATHOLOGY and specimen reception is there in front of you.